

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEAs choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment: All Warren Consolidated Schools

Month and year of current assessment: June 2021

Date of last Local Wellness Policy revision: June 2017

Website address for the wellness policy and/or information on how the public can access a copy:

<http://wcskids.net/Departments/Nutrition-Services/wellness/index.html>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Quarterly

School Wellness Leader:

Name	Job Title	Email Address
Jennifer Grigg	Chief Human Resource Officer	jgrigg@wcskids.net

School Wellness Committee Members:

Name	Job Title	Email Address
Jill Alm	Compensation and Benefits Manager	jalm@wcskids.net
Ann Clark	School Nurse	aclark@wcskids.net
Doreen Dickman	School Social Worker	ddickman@wcskids.net
Caroline Dylewski	Director of Nutrition Services	cdylewski@wcskids.net
Pam Fry	Executive Director of Curriculum	pfry@wcskids.net
Wen Guo	Nutrition Service Supervisor	wguo@wcskids.net
Frank Kyewski	Curriculum and Technology Specialist	fkyewski@wcskids.net
Terri Laws	Technical Production Specialist	tlaws@wcskids.net
Kyla Marcial	School Social Worker	kmarcial@wcskids.net
Albana Metaj	School Counselor	ametaj@wcskids.net
Craig Miller	High School Principal	cmiller@wcskids.net
Khris Nedam	Elementary School Principal	knedam@wcskids.net
Megan Papasian-Broadwell	School Board Member	mpapasianbroadwell@wcskids.net
Alecia West	School Counselor	awest@wcskids.net
Ronetta Muha	School Nurse	rmuha@wcskids.net
Emily Wiczerza	Family Nurse Practitioner	emily.wiczerza@ascension.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Our wellness policy is modeled after NEOLA policies which model the State Board of Education Model Local Wellness Policy.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Warren Consolidated Schools

Date: June 2021

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The Nutrition Services Department will provide healthy eating and nutrition information for parents and community members.	Monthly newsletter posted on Wellness Website and added to back of printed elementary menu	Fall 2019	physically verify materials	Caroline Dylewski or Wen Guo	all students, staff, parents	done so monthly-information also continued randomly throughout mass meal distribution - information was shared on the back of cooking instructions, flyers were distributed, we used the bags as an avenue of communication
Taste Test Tuesday to continue every other month in the elementary schools and look to introduce in secondary buildings	Add to menus, and create promotional material for display on service lines	Fall 2019	double check listed on menu every other month	Caroline Dylewski or Wen Guo	students	This was popular while still in school. The elementary schools have not eaten in the buildings since March. We did feature new items at the secondary buildings on Thursdays for this school year.
Hang posters in cafeteria promoting My Plate and Nutritional Posters	*Purchase new signage for elementary buildings promoting My Plate and Physical Play, *ensure MyPlate posters are hung in each of the secondary buildings	Fall 2019	physically verify My Plate Posters are hung in all buildings	Caroline Dylewski or Wen Guo	students' parents, staff	A lot of signage has been removed when deep cleaning for covid. New signage will be purchased to be hung in Fall of 2021

The Nutrition Services Department will promote healthy food and beverage choices for all students as well as encourage participation in school meal programs.	check all coolers for appropriate marketing, order new coolers if needed	Fall 2019	physically verify marketing materials	Caroline Dylewski	all students, staff, parents	All coolers that had signage for items that were not smart snack compliant have been removed from cafeterias.
Refreshed Middle School Health Curriculum	Train teachers in the curriculum changes to be implemented	Spring 19	Currently being offered as an elective.	Curriculum Department	Middle School Students	Completed and still offered
Increase Nutritional/Wellness Posters throughout all schools.	Seek funding source for purchase of posters for all schools and utilize free materials provided vendors.	Fall 2020	physically verify materials are hung throughout building.	Wellness Committee	all students, staff, parents	Only My Plate Posters, Fruits and Vegetable posters visible in cafeterias throughout the district.
Elementary schools will receive nutrition education at least once a year provided by dietitian interns or the Nutrition Service Department.	Creation of Nutrition Teaching Boxes utilizing Action for Healthy Kids Grant funds	Fall 2019 - on pause due to pandemic	all boxes are distributed to elementary buildings/ lessons taught	Caroline Dylewski or Wen Guo	elementary students	All boxes distributed and can be utilized by building staff when needed /Lessons taught by dietetic interns
Creation of Wellness Website	Utilizing public relations department, added two pages to the district website, one for community wellness, the other for staff wellness.	Fall 2019	Active - needs monthly monitoring	Wellness Committee	all students, staff, parents	Started Fall of 2019, however due to pandemic, maintenance of website was less frequent. This is a new area of focus for the wellness committee.

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The district shall offer physical education opportunities that include the components of a quality physical education program.	Curriculum will align with current recommended guidelines.	Fall 2018	Ensure course curriculum is met	Curriculum Department	all students, staff, parents	Curriculum revision is complete but is an ongoing process.

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All schools are encouraged to offer before/after school clubs and activities that promote physical activity or healthy living. Examples include healthy cooking clubs, walking clubs, intramurals, community dentist visits, wellness assemblies, etc.	Schools will compile list of physical activity opportunities and wellness initiatives to publish list and award schools for participation at School Board Meeting.	Throughout School Year/ Submit responses to Wellness Committee in Early Spring	Schools will submit lists of activities to administration as well as lists activities on Wellness website	Wellness Committee	all students, staff, parents	Updates available on the Wellness Website, last compiled for the 18/19 school year. Our goal is to continue these activities, but they are on hold due to the pandemic.
Gleaners Community Food Bank Partnership	Provided Afterschool programming and additional drive-up food bank both prior to and during the pandemic.	Started 2018/2019 school year, with gradual rollout within the Warren Mott High School feeder path.	Number of classes offered both in person and virtual. Number of families utilizing the drive-up food bank.	Gleaners	all students, parents in Warren Mott feeder path.	Elementary had in-person after school activities for both students and parents prior to the pandemic. Gleaners has offered various virtual classes since the start of the pandemic. Virtual classes and drive-up food bank are still ongoing.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Reimbursable school meals must meet requirements found in United States Department of Agriculture (USDA)'s Nutrition Standards for School Meals.	All menus are analyzed in Meal Magic	Every menu cycle	check for 6 cent certifications	Caroline Dylewski and Wen Guo	students	Yes
All foods and beverages sold to students outside the federally regulated child nutrition programs (referred to as "competitive" foods and beverages) must be consistent with USDA's Smart Snacks in School nutrition standards and Michigan Department of Education Administrative Policy No. 21 regarding Non-Compliant Food Fundraiser Guidance. These standards apply in all areas where foods and beverages are sold which may include, but are not limited to, à la carte lines, fundraising events, school stores, snack carts, and vending machines.	Communicate with all building principals and provide exempt fundraising tracking forms to be maintained at building level. Communicate with all building principals how a log of nutritional information needs to be kept on file at school stores and in the office for Healthy Vending Machines. Provide links to Smart Snack Calculator.	Fall 2019	ensuring items meet the Smart Snack rule	Caroline Dylewski	all students, staff, parents	At the beginning of each school year, we meet with building principals to review fundraising exceptions and logs. We provide samples of fundraising ideas that do not utilize food. All principals are provided links to the Smart Snack Calculator. Information has been shared with principals about Healthy Vending Machines.

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverage marketing is defined as advertising and other promotions in schools. Marketing on coolers, banners, and vending machine graphics must be compliant with USDA Smart Snack nutrition standards for items sold during the school day.	*FSD will only order & promote Smart Snack Items for food service program *Schools will evaluate their equipment and banners, seek out alternate options from vendors and brainstorm with food service to overcome obstacles	Spring 18	physically verify materials to ensure they meet Smart Snacks	Caroline Dylewski and Building Principals	students	all ala carte items sold to students as part of the school lunch program are reviewed each year to ensure compliancy with smart snack guidelines.