



Warren Consolidated Schools

Creating Dynamic Futures through Student Achievement, High Expectations, and Strong Relationships

Wellness Committee Agenda & Minutes

December 4, 2023

- A. Review of minutes from November 13, 2023
No questions regarding the previous meeting minutes.
- B. Wellness Week-American Heart Association
 - a. Building Champions
An email was sent to those who hold leadership positions in committees with elementary wellness/health clubs, middle school student council and high school leadership.
 - b. Date
Wellness week is being held the week of February 12-16. Go Red Day is being held February 16th.
 - c. Triennial Assessment
Concerned at the last meeting that wellness week would not be part of the Triennial Assessment. K. Winters and C. Tremmel reviewed the assessment and wellness week would be a great addition to what we do.

The future meeting date is January 15th @3:30. Appointments have been sent to your calendars.

Next meeting moved to January 22nd at 3:30 due to MLK closure.

Committee Members:

Amanda Abernathy
Ann Clark
Pamela Fry
Terri Laws
Albana Metaj
Corey Tremmel

Brian Aiosa
Doreen Dickman
Ashley Agrusa
Kyla Marcial
Craig Miller
Leah Berdy

Kim Winters
Caroline Dylewski
Frank Kyewski
Ronetta Muha
Alecia West