

PRESCHOOL/WORLD OF FOURS MENU * SEPTEMBER '23

This institution is an Equal Opportunity Provider.

A Nourished Student is a Learning Student!



HIRING
WCS NUTRITION SERVICES IS LOOKING FOR A GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFÉTERIA HELPERS. APPLY ONLINE TODAY! Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.

Sun

Mon

Tue

Wed

Thu

Fri

Sat

11 Certified Halal Beef Steak
Burger on Whole Wheat Bun
4- Smiley Fries
Ketchup & Mustard
1/4 cup Diced Peaches

18 Whole Grain Breaded
Chicken Patty Sandwich on a
Whole Wheat Bun
BBQ Sauce
1/4 cup Seasoned Peas &
Carrots
1/4 cup Diced Peaches

25 All Beef Hot Dog on a
Whole Grain Bun
Ketchup
1/4 cup Seasoned Corn
1/4 cup Mixed Fruit Cup

12 Whole Grain Grilled Cheese
Sandwich
1/4 cup Broccoli Salad
1/4 cup Mixed Fruit

19 1-Whole Grain Pancake
2-Turkey Sausage Links
Fresh Orange Slices
1/4 cup Fresh Cherry Tomatoes

26 Italian Pull Apart Cheese &
Garlic Bread
1/4 cup Seasoned Broccoli
1/4 cup Diced Peaches

13 Whole Grain Cheese Quesadillas
Served with Salsa &
1/4 cup Refried Beans
Fresh Banana

20 Whole Grain Macaroni and
Cheese
1/4 cup Seasoned Broccoli
1/4 cup Diced Peaches

27 Meatballs with
1/4 cup Mashed Potatoes &
Gravy
Whole Grain Garlic Twisted Stick
1/4 cup Pumpkin Pudding

14 5- Whole Grain Breaded
Chicken Nuggets
1/4 cup Dill Seasoned Carrots
1/4 cup Diced Peaches

21 3-Whole Grain Breaded
Chicken Tenders
1/4 cup Crispy Parmesan
Edamame
1/4 cup Cinnamon Applesauce

28 Reduced Fat Beef Taco Meat
& Shredded Cheddar Cheese
1 Whole Grain Tortilla
1/4 cup Salsa
1/4 cup Refried Beans
1/4 Diced Peaches

15

22

29

Everyday your child will receive 1% white milk with their meal.

Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.