

# Sterling Heights High School Athletics

June 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 -Cheer Try-Outs 5-8pm	5 -Dance Try-Outs 3:30-5pm -Football Condtoning 3:30 -Cheer Try-Outs 5-8pm	6 -Dance Try-Outs 3:30-5:45pm -Volleyball Camp 4-6pm	7 -Cheer Meeting 4pm -Volleyball Camp 4-6pm -Volleyball Parent Meeting 6:30pm	8	9
10	11	12 ½ Day <u>Eligibility Packet w/Mr. Kluzak</u>	13 ½ Day <u>Eligibility Packet w/Mr. Kluzak</u> -Football 7 on 7	14 ½ Day & Last Day <u>Eligibility Packet w/Mr. Kluzak</u>	15 <u>Eligibility Packet w/Mr. Kluzak</u>	16
17	18 <u>Eligibility Packet w/Mr. Kluzak 10am to 1pm</u> -Cheer Practice 10am-1pm	19 -Girls Soccer & Wrestling Conditioning 10am-12pm	20 <u>Eligibility Packet w/Mr. Kluzak 10am-1pm</u> -Cheer Practice 10am-1pm -Cross Country Practice 10am	21 -Girls Soccer & Wrestling Conditioning 10am-12pm -Cheer Practice 10am-1pm	22 -Cross Country Practice 10am	23
24	25 -Football Camp 8am -Cheer Practice 10am-1pm -Cross Country Practice 10am	26 -Football Camp 8am -Girls Soccer & Wrestling Conditioning 10am-12pm	27 -Football Camp 8am -Cheer Practice 10am-1pm -Cross Country Practice 10am	28 -Football Camp 8am -Girls Soccer & Wrestling Conditioning 10am-12pm -Cheer Practice 10am-1pm	29 -Cross Country Practice 10am	30 Dead Period

# Sterling Heights High School Athletics

July 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Dead Period	<b>2</b> Dead Period	<b>3</b> Dead Period	<b>4</b> Dead Period	<b>5</b> Dead Period	<b>6</b> Dead Period	<b>7</b> Dead Period
<b>8</b> Dead Period	<b>9</b> -Football Conditioning 9am -Cheer Practice 10am-1pm	<b>10</b> -Football Conditioning 9am -Girls Soccer & Wrestling Conditioning 10am-12pm	<b>11</b> -Football Conditioning 9am -Cheer Practice 10am-1pm	<b>12</b> -Football Conditioning 9am -Girls Soccer & Wrestling Conditioning 10am-12pm -Cheer Practice 10am-1pm	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b> -Football Conditioning 9am -Cheer Practice 10am-1pm -Cross Country Practice 10am	<b>17</b> -Football Conditioning 9am	<b>18</b> -Football Conditioning 9am -Cheer Practice 10am-1pm -Cross Country Practice 10am	<b>19</b> -Football Conditioning 9am -Cheer Practice 10am-1pm	<b>20</b> - Cross Country Practice 10am	<b>21</b>
<b>22</b>	<b>23</b> -Football Conditioning 9am -Cheer Practice 10am-1pm -Cross Country Practice 10am ***St. Johns Physicals & Heart Check @ SHHS***	<b>24</b> -Football Conditioning 9am -Girls Soccer & Wrestling Conditioning 10am-12pm	<b>25</b> -Football Conditioning 9am -Cheer Practice 10am-1pm -Cross Country Practice 10am	<b>26</b> -Football Conditioning 9am -Girls Soccer & Wrestling Conditioning 10am-12pm -Cheer Practice 10am-1pm	<b>27</b> -Cross Country Practice 10am	<b>28</b>
<b>29</b>	<b>30</b> -Dance Camp 9am-4pm -Cheer Practice 10am-1pm <u>-Eligibility Packet w/Mr. Kluzak 10am-1pm</u>	<b>31</b> -Dance Camp 9am-4pm -Cheer Practice 10am-1pm				

# Sterling Heights High School Athletics

August 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1 -Eligibility Packet w/Mr. Kluzak 10am-1pm</b> -Football Conditioning 9am -Cross Country Practice 10am	<b>2</b> -Football Conditioning 9am -Girls Soccer & Wrestling Conditioning 10am-12pm	<b>3</b> -Cross Country Practice 10am	<b>4</b>
<b>5</b>	<b>6 -Eligibility Packet w/Mr. Kluzak 8am-1pm</b> -Cheer Practice 10am-1pm -Football Practice Begins 2:30pm	<b>7</b> -Girls Soccer & Wrestling Conditioning 10am-12pm -Football Practice 2:30pm	<b>8 -Eligibility Packet w/Mr. Kluzak 8am-1pm</b> -All Fall Sports Begin -Cross Country Practice 8am -Football Practice 2:30pm	<b>9</b> -Cheer Practice 10am-1pm -Football Practice 2:30pm	<b>10</b> -Football Practice 2:30pm	<b>11</b> -Football Practice 9am
<b>12</b>	<b>13</b> -Cheer Practice 10am-1pm -Black and Gold Game 4:00pm	<b>14</b>	<b>15</b> -Cheer Practice 10am-1pm	<b>16</b> -Cheer Practice 10am-1pm	<b>17</b> -Boys Soccer Game @ LCN 4/5:30pm	<b>18</b> -Boys Tennis Armada Invite
<b>19</b>	<b>20</b> -Cheer Practice 10am-1pm -Boys Home Soccer Game v. Chipp 4/5:30pm	<b>21</b> -Warren Mott VB Tourney Fresh 8am	<b>22</b> -Warren Mott VB Tourney JV 8am -Cheer Practice 10am-1pm -Boys Home Soccer Game v. HFII 4/5:30pm	<b>23</b> -Warren Mott VB Tourney FVarsity 8am -Cheer Practice 10am-1pm -Home Football v. Marine City 7pm	<b>24</b> -Boys Tennis @ Chipp 4:30	<b>25</b>
<b>26</b>	<b>27</b> -Cheer Practice 10am-1pm -Boys Soccer Game @ LC 4/5:30pm -Boys Tennis Home Steven 4pm	<b>28</b> -XC Meet #1 @ Mott	<b>29</b> -Romeo VB Invite Varsity 8am -Cheer Practice 10am-1pm -Boys Tennis Home Lamph 4:30pm -Boys Home Soccer Game v. Steven 5/6:30pm	<b>30</b> -Cheer Practice 10am-1pm -Home Football v. Center Line 7pm	<b>31</b>	