

Dear Staff & Faculty,

This year's charity for charity week is Know Resolve.

Know Resolve is a 501(c)(3) non-profit organization founded by Dennis Liegghio. Their mission is to promote mental health awareness and to prevent youth suicides through outreach, advocacy, and education. Suicide is the second leading cause of death for people ages 15-24 and 1 in 7 high school students consider it or worse. Mental health is a relevant issue in society right now, and Know Resolve is a great charity to shed light upon it. They are also based out of Clinton Township, Michigan, so they are very close to our school. They are currently trying to open a teen center where teens who are suffering with mental health issues or thoughts of suicide can come and get help. Our fundraising will help make this happen!

This year's goal: \$30,000

Last year's goal was \$30,000, and we came very close to reaching it. We believe if we set the goal the same this year, it will motivate students and teachers to try to reach it even more.

This year's festivities:

Monday:

During school – Ice cream social during 6th hour.

Last year the ice cream social was such a success that it will come back for another year. Students will pay to buy out of their 6th hour to come down to the cafeteria to enjoy an ice cream bar with their friends.

After school – Zumba Class at SHHS & Fundraiser @ Tropical Smoothie.

A parent of Sterling Heights High is a certified Zumba instructor and she is willing to come in with some of her other instructors to give an hour class in the gym. Both students and teachers are welcome and will pay \$5.00 to get into the class from 6pm-7pm. For the teachers who have children, we will be offering free child care so they will not have to find a sitter for the night (leadership students will volunteer as the childcare). Tropical smoothie (15 mile & Van Dyke) will also be donating proceeds from that night. Please encourage your students to attend!

Tuesday:

During school – Silent Auction.

The silent auction is a Sterling tradition. This year we will put it on during first, third, fifth, and sixth hours. For the two hours in the morning, the prizes will be something breakfast related, such as donuts. For the two hours in the afternoon, they will be prizes like pizza and Buffalo Wild Wings.

After school – Stallion Game Night & Fundraiser @ Subway

Stallion Game Night will be held for students from 7-9 p.m. at Sterling. This will be an event with fun games and more. There will be a NBA 2k18 video game tournament on Xbox. The students will buy into the bracket, and the winner of tournament will win two tickets to a Detroit Pistons game. There will also be a Fortnite video game set up too. Fortnite is a very popular video game (rated T for Teens so it is appropriate) that many people are playing right now. In the cafeteria, there will be karaoke on the stage, and food will be sold. In the commons, we would like to set up a small dance room. This will consist of large speakers from a student in leadership to play music and small strobe lights. This would be set up in the commons. We would also get a photobooth and snow cones for this event. Subway (next to Sterling) will be donating proceeds.

Wednesday:

During school – Basketball Shooting Contest during 5th Hour

Students will be able to buy out of their 5th hour class to come down to the gym for a basketball shooting contest. At the gym, they will be able to pay \$2 for a free throw shot or \$5 for 3-point shots. There will be prizes to win at this event.

After school – Powderbuff Game & Fundraiser @ Nicky D's Coney Island

Powderbuff is just like powderpuff in the fall, except that it is a volleyball game for senior and junior boys. We will run it just like how we run powderpuff. The event will cost \$5 to get in and watch. From 6-7, there will be a time for both teams to practice and the official game will start at 7. We will get a teacher-official to referee the game, and volleyball girls will be the line judges. On this night, Nicky D's Coney Island (17 Mile & Van Dyke) will be donating proceeds.

Thursday:

During school – All Day Buyout

This day we will host the whole day buyout as we did last year. Students will be able to buy out of hours 1,2,3,5&6. They will come down to the gym where we will have bubble soccer in the main gym, a bounce house obstacle course on one side, and a dunk tank on the other side. We are looking for teachers to volunteer to come sit in the dunk tank during their prep hours. It will be a great way to raise a lot of money. It will be \$10 to buy out of one hour. The students will be given a special buyout pass to show to their teachers to confirm they have bought out of class (attendance will be taken in every class first). At the gym, we will have a check-in station where students will have to sign in.

After school – Dodgeball Tournament & Fundraiser @ My Pizza Place

After school, we will host a dodgeball tournament. There will be 10 teams of 10, \$50 for each team. The teams will be put into a bracket and will play until the final two teams are left. This leads up to the pep-rally. We will have those final two teams face off in one last game of dodgeball on Friday during the rally. Liability and permission slip forms have been received from Cousino High School, who has a dodgeball tournament annually. If possible, we would like to get one team together with some teachers and administrators to help attendance at the event. The event will cost \$5 to get into. My Pizza Place (15 Mile & Dodge Park) will donate proceeds this night.

Friday:

This will be the last day of charity week and the pep-rally. This will include announcing how much money we raised, the spirit points, and having the founder of the charity to speak. Further and more specific details for the pep-rally will come later.

We believe that charity week this year has a lot of potential, and that we can do great things to help out Know Resolve. With your help, we can have a week full of fun and excitement.

Thank you,

The Leadership Class