

WORLD OF FOURS MENU * DEC. '22

A Nourished Student is a Learning Student!



School closings due to inclement weather cause a change in the lunch menu. Please note that on the day of return, the snow day's menu will be used.

This institution is an Equal Opportunity Provider.

Sun

HIRING

WCS NUTRITION SERVICES IS LOOKING FOR A GOOD EMPLOYEES TO FULFILL OUR NEED FOR CAFETERIA HELPERS. APPLY ONLINE TODAY!

Call the Nutrition Service Office at 586.698.4158 to express your interest in employment.



Due to continued nationwide food shortages and supply chain issues, menus are subject to change depending on availability.

Mon

5

4 Cheese Pizza Bites
1/4 Cup Marinara Sauce
1/4 Cup Roasted Broccoli
1/4 Cup Mixed Fruit

12

Whole Grain Breaded Chicken Patty Sandwich on a Whole Wheat Bun
Sweet Potato Fries
1/4 Cup Pear Cup

19

All Beef Hot Dog on a Whole Grain Bun
1/4 Cup Vegetarian Baked Beans
1/4 Cup Diced Peaches
Mustard

**December 21st– Jan. 3rd
Holiday Break
Have a Safe & Healthy Break
Classes Resume Jan. 4th**

Tue

6

Early Release
6 Mini Whole Grain Turkey Corn Dogs With Ketchup
1/4 Vegetarian Baked Beans
1/4 Cup Cinnamon Applesauce

13

Breakfast For Lunch
1-Whole Grain Pancake
2-Turkey Sausage Links
Fresh Orange Slices
1/4 Chickpea, Cucumber & Tomato Salad

20

**HALF DAY
BREAKFAST
ONLY**

Wed

7

Reduced Fat Beef Taco Meat & Shredded Cheese
1 WG Tortilla
1/4 Cup Salsa for Dipping
1/4 Cup Seasoned Corn With Peppers
1/4 Cup Diced Pears

14

Whole Grain Rotini with Meat Sauce
Whole Grain Dinner Roll
1/4 Cup Seasoned Broccoli
1/4 Cup Mixed Fruit Cup

1/4

5-Whole Grain Breaded Chicken Nuggets
Whole Grain Dinner Roll
1/4 Cup Roasted Broccoli
1/4 Cup Pear Cup

Thu

1

3-Whole Grain Breaded Chicken Tenders w/ Ketchup
Whole Grain Dinner Roll
1/4 Cup Seasoned Broccoli
1/4 Cup Warm Spiced Pears

8

Bagel Day
Whole Grain Bagel
Light Cream Cheese
Strawberry Yogurt
Cheese Stick
Box of Raisins
Bag of Baby Carrots

15

Warm Turkey Ham and Cheese on Whole Grain Hawaiian Bun
Colby Jack Cheese Cubes
1/4 Cup Oven Roasted Chickpeas
Fresh Banana

1/5

1- Whole Grain Pancake
2- Turkey Sausage Links
1/4 Cup Orange Glazed Carrots
1/4 Cup Cinnamon Applesauce

Fri

2

9

16

Sat



Everyday your child will receive 1% white milk with their meals.

In place of the Free and Reduced-Price Meal Applications, if you have **only** elementary students in your household, please complete a **Household Information Report**.

