

District Wellness Committee

October 11th 2018 Meeting Minutes

- 1) District Wellness Committee Overview
 - a) 4th Year of the Wellness Committee Meeting Regularly
 - b) Wellness Policy has been approved
 - c) Available on Website
 - d) Student Voices...how is wellness reaching the students in the district.
 - i) Construct a plan on how to have more students involved.
- 2) Goal Development Reporting
 - a) Increased Taste Testing
 - i) More testing in the middle schools
 - ii) Applied for grants-Caroline
- 3) District Wellness Assessment
 - a) Bullying Survey – How it fits and how will the data be used.
 - b) Elementary Survey to include bullying, physical activity and nutrition.
 - c) Frank – Build a survey that is focused on elementary level students.
 - i) Upper and Lower Elementary Survey
- 4) Committee Membership
 - a) Continued effort to increase and diversify the committee's membership.