



# Nutrition Services



A nourished student is a learning student!

## After School Snacks September & October 2022

**Monday**

**Cheese Stick  
6.75oz Apple Juice**

**Tuesday**

**Oatmeal Bar  
Skim Chocolate Milk**

**Wednesday**

**Rold Gold  
Heartzels  
6.75oz Orange Juice**

**Thursday**

**Whole Grain  
Animal Crackers  
1% White Milk**

**Friday**

**Whole Grain  
Cheez It  
6.75oz Orange Juice**



This institution is an equal opportunity provider.